

Practice the

4 D S to fight the West Nile virus and the Chikungunya virus.



1. At DUSK and DAWN, stay indoors. This is the time of day that mosquitoes are most active.

2. DRESS in long sleeves and pants, loose and light colored clothing when you go outside.

3. DEFEND yourself by using insect repellent. Follow label instructions.

4. DRAIN standing water in your yard. Empty all flower pots, bird baths, and wading pools.

Call 311 to report standing water.

For more information visit DallasCityHall.com

